Job Description: Nutritionist

PHYGITAL PHC TELEMEDICINE CENTRES • MENOPAUSE CLINIC & AI-ASSISTED ORAL CANCER SCREENING PILOT, BULDHANA

Project Details

Project:	Phygital PHC Telemedicine Centres – (Buldhana Pilot: Menopause Clinic & AI-Assisted Oral Cancer Screening)
Organisation:	Telerad Foundation
Location:	Buldhana District, Maharashtra (Field-based across 3 centres: Deulgaon Raja, Sultanpur (Lonar) and Mehkar
Number of Positions:	One (1)
Duration:	4 Months; may be extended if the pilot is expanded
Work Schedule:	Six Days per Week (full-time)
Travel:	Weekly rotation across the 3 Buldhana centres, plus village health camps
Reporting To:	Deputy Programme Manager

About Telerad Foundation

Established in 2007, Telerad Foundation (TF) is a Bengaluru-based healthcare-focused not-for-profit organisation committed to improving access to quality healthcare for underserved communities across India. Working in partnership with governments, healthcare institutions, CSR programmes, and community organisations, TF delivers integrated healthcare solutions through telemedicine, mobile health services, diagnostics, specialist care, health education, community outreach, and the strengthening of Primary Health Centres (PHCs) and other public healthcare facilities through infrastructure improvements and enhanced clinical readiness.

Vision

A world where everyone can access affordable, high-quality healthcare, regardless of geography or socio-economic status.

About the Project

The Phygital PHC Telemedicine Centres programme, supported by Bayer, runs nurse-assisted telehealth centres inside government Primary Health Centres (PHCs) and Rural Hospitals in Maharashtra and Uttar Pradesh. At each centre, a trained GNM-cum-Telemedicine Coordinator records vitals, runs point-of-care tests and connects patients by video to doctors and specialists, and prescribed medicines are dispensed on site.

Telerad Foundation is running a four-month pilot at the three Buldhana centres: Deulgaon Raja, Sultanpur (Lonar Taluka) and Malkapur Pangare (Sindkhed Raja Taluka). The pilot adds a weekly Menopause Clinic for women aged 40–60 and AI-assisted oral cancer screening for adults aged 30 and over, using the Aarogya Aarohan app developed by TANUH, the AI Centre of Excellence for Healthcare at IISc. It aims to register 1,000 women and screen 1,000 people. All referrals go through the Medical Officer of the host facility, and the results will guide a decision with Bayer on expanding the services to other districts.

Role Summary

The Nutritionist will run the weekly Menopause Clinic and lead AI-assisted oral cancer screening at the three Buldhana Phygital PHC centres, working with each centre's GNM and with a gynaecologist and a dentist who join by video from Telerad Foundation's hub.

Key Responsibilities

1. Menopause Clinic (weekly at each centre)

- Register women aged 40–60 and score their symptoms on the Menopause Rating Scale.
- Record BMI and body composition, and work with the GNM on BP, blood sugar, haemoglobin and clinical breast examination.
- Give diet and lifestyle advice for bone and heart health, including calcium and protein intake, physical activity and weight.
- Book video consultations with the gynaecologist for women with moderate or severe scores.
- Call women back for a follow-up score at about 8 weeks.

2. Oral Cancer Screening & Tobacco Cessation

- Take informed consent
- Examine and photograph the mouths of adults aged 30 and over with the Aarogya Aarohan app, tobacco and areca-nut users first.
- Retake images that the dentist marks as unclear.
- Give every tobacco user brief advice on quitting, and refer them to the district Tobacco Cessation Centre.

3. Referral & Follow-up

- Refer women who need further care, and people with dentist-verified suspicious lesions, to the Medical Officer of the host PHC/RH.
- Track each referred case to its outcome, and record results reported back through the host facility.

4. Community Outreach & Team Support

- Plan awareness sessions and screening at camps with ASHAs, ANMs and CHOs, and mobilise women and tobacco users.
- Show the GNMs how to register women and record scores on days the Nutritionist is at another centre.

5. Documentation, MIS & Compliance

- Maintain the Menopause Clinic and oral screening registers, and enter data on the digital dashboard daily.
- Provide weekly updates and a monthly progress report to the Deputy Programme Manager.
- Keep patient information and images confidential, in line with the DPDP Act, 2023.

Qualifications & Experience

Essential

- B.Sc. or M.Sc. in Food & Nutrition, Dietetics, or Home Science (Nutrition).
- Fluency in spoken and written Marathi (essential for counselling women and working with local health staff).
- Working knowledge of Hindi and basic English for reporting.

Preferred

- 1–3 years of experience in community or public health nutrition (NHM, ICDS, NGO or CSR health programmes). Freshers with strong field internships may apply.
- Experience in women's health, NCD screening or patient counselling.

- Women candidates are encouraged to apply, as the role involves counselling women on menopause.

Skills & Competencies

- Counselling women on personal health topics with sensitivity and confidentiality.
- Confident use of a smartphone app for screening and data entry; working knowledge of MS Excel and email.
- Good coordination with nurses, ASHAs, Medical Officers and remote doctors.
- Discipline in record-keeping and meeting monthly targets across three locations.

Professional Requirements

- Willingness to travel weekly across the three Buldhana centres and to village camps.
- Valid two-wheeler driving licence and personal two-wheeler for field mobility.
- Residence in or willingness to relocate to Buldhana district, near the project centres.
- Availability to join on an immediate bass
- Strict adherence to patient privacy, clinical decorum and the organisation's code of conduct in government health settings.

Application Process

Please email your CV to **info@teleradfoundation.org** or WhatsApp your CV to 901 996 1400

Email Subject: Nutritionist – Buldhana Pilot (Phygital PHC)

Please save your CV as:

Your Name – Nutritionist CV.pdf

Human Resources

7G, Council Khata 180 / 63, Kundalahalli Main Road, Vishweshwaraiah Industrial Area, Whitefield, Bengaluru – 560048